

Post Care Instructions - Rot Canal Treatment

The anesthesia will wear off in approximately 1 to 4 hours after the procedure. Please follow these simple instructions.

1. Do not eat anything until the numbness in your mouth wears off. This will prevent you from biting your cheek or tongue. Avoid hot or cold drinks until the freezing has come out.
2. Do not chew or bite on the treated tooth for the next few days.
3. It is not unusual for the tooth to be tender after a root canal. Give the therapy a chance to work. It may take a week or more for your tooth to feel back to normal.
4. Take any prescribed medication or over the counter medication as directed by your dentist.
5. Be sure to brush and floss your teeth as you normally would.
6. Contact our office right away if you develop any of the following:
 - A visible swelling inside or outside of your mouth.
 - An allergic reaction to medication, including rash, hives or itching (nausea is not an allergic reaction).
 - A return of original symptoms.
 - You are experiencing significant pain.
 - Your bite feels uneven.
7. Root canal treatment is only one step in returning your tooth to full function. A proper final restoration of the tooth is extremely important in ensuring long-term success.
8. Failure to complete the final restoration in a timely manner may result in the need for re-treatment of the root canal(s) in your tooth at an additional cost or possibly severe pain and infection or loss of the tooth due to fracture of the tooth and/or recontamination from leakage.
9. Contact your dentist as soon as possible to arrange your next appointment. If an Endodontist is treating your tooth in more than one visit, do not return to your dentist for the final restoration until the root canal treatment is completed.

If you have any other questions or concerns, please call our office at 403-239-0010.

Thank you for placing your trust in Tuscany Dental Centre.