

Post Care Instructions – Temporary Crown and Bridge

The anesthesia will wear off in approximately 1 to 4 hours after the procedure. Please follow these simple instructions.

1. Your temporary crown has been cemented with a special temporary cement which allows the dentist to easily remove it when cementing the permanent crown.
2. Certain foods will stick to the temporary crown. Please refrain from chewing gum and other sticky candies and food that may cause the crown to come loose.
3. Temporary crowns are not strong. Please avoid eating hard, crunchy foods, which may cause it to break or bend.
4. If your temporary crown comes off or breaks, please call our office to schedule an appointment to have it re-cemented. Save the crown and bring it with to the office to have it re-cemented.
5. Please do not leave the temporary crown off your tooth for a long period of time. Unless your tooth has had root canal therapy, it will be very sensitive without the crown. Also, the tooth will shift causing the permanent crown to fit improperly.
6. Your temporary crown will not fit your tooth quite as well as the permanent crown. It is normal if you experience slight sensitivity to hot, cold and sweets. If you notice a bite irregularity or “high spot”, please call the office to schedule a bite adjustment. If you ignore high spots, the tooth will become very sore. If the tooth becomes extremely sensitive or you experience worsening symptoms, the tooth may need further treatment. Please call the office.
7. There is approximately a 6% chance of the tooth further needing a root canal once it has been prepared for a crown of any sort. With preparing the tooth for a crown we are trying to reinforce the tooth and increase life expectancy.
8. Brush carefully around the temporary crown. To floss, push the floss down to your gums and pull it straight out. Do not pull it back out the same way it went in, as this tends to lift the crown off.

If you have any other questions or concerns, please call our office at 403-239-0010.

Thank you for placing your trust in Tuscany Dental Centre.